



**Course Title:** The BTE Multi-Cervical Unit – The Missing Link to Neck Rehabilitation

**Course Sponsor:** BTE Technologies, Inc.

**Course Instructor:** Suzanne Buschor, PT, DPT, Cert. MDT

**Course Objectives:**

Participants will be able to:

- identify the cervical anatomy, mechanics and resulting pathology of a whiplash Injury
- describe VBI screening
- select and perform appropriate range of motion and isometric strength tests for given diagnosis
- design rehab programs for specific diagnoses/conditions based on testing results
- demonstrate proper set-up of equipment for treatment and testing
- utilize correct CPT codes when billing for applicable services
- describe various marketing ideas

**Course Description:**

This course is designed to increase participants' knowledge about the various clinical applications of the BTE Technologies' Multi-Cervical Unit in testing, rehabilitation, and documentation of functional outcomes. The course will take an evidence-based approach to musculoskeletal evaluation and physical rehabilitation. Course instructors will discuss various case studies to stress clinical application of data collected. Learning is achieved through lecture, audiovisual presentations, instructional laboratory sessions, and written materials. Systems are onsite and utilized for demonstration and laboratory sessions.

**Target Audience:** PT, PTA, OTR, COTA, MD, DC

**Instructional Level:** Intermediate

**Disclaimer:** Course content is not intended for use by participants outside of the regulatory scope of practice of their license(s). Attendees are responsible for knowing what lies within and beyond their professional scope of practice.





## **BTE Multi-Cervical Unit (MCU) – The Missing Link to Neck Rehabilitation**

### **COURSE AGENDA**

#### **Day 1**

8:30am	Welcome / Pre-Test
8:45am	Introduction <ul style="list-style-type: none"><li>The Melbourne Protocol</li><li>Validity / Reliability</li><li>Anatomy Review</li><li>Mechanism of Injury</li><li>Whiplash Statistics</li><li>Review of Research</li></ul>
9:30am	Break
9:45am	LAB <ul style="list-style-type: none"><li>Introduction to the MCU</li><li>Patient Data</li><li>Calibration</li></ul>
10:15am	Assessment Protocols <ul style="list-style-type: none"><li>NDI and SIR</li><li>VBI Testing</li><li>Poor Prognostic Indicators</li><li>Indications, Contraindications and Exclusion Criteria</li></ul>
11:30am	Break
11:40am	LAB - Supervised ROM Testing
12:30pm	Lunch
1:15pm	LAB – Supervised Isometric Strength Testing (Neutral)
3:00pm	Break
3:15pm	LAB - Supervised Isometric Strength Testing (25/45)
5:00pm	END OF FIRST DAY

# The MCU – The Missing Link to Neck Rehabilitation

## COURSE AGENDA

### Day 2

8:30am	LAB – Review of MCU set up and isometric testing with new partner
9:30am	Treatment Diagnostic and treatment considerations Review Reports Treatment set up and development
10:30am	Break
10:45am	LAB - Treatment
11:30am	Break
11:40am	Patient Case Studies
12:15pm	Lunch
1:00pm	Marketing
2:00pm	Break
2:15pm	Billing
3:00pm	Review and Questions
3:20pm	Post Test and Course Evaluation
3:30pm	END OF SECOND DAY